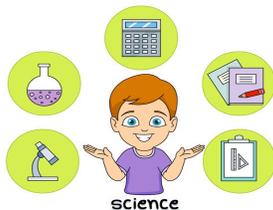


WINTER/SPRING 2017

CATALOG  
of  
AFTER-SCHOOL  
ENRICHMENT CLASSES



BONSALL ELEMENTARY SCHOOL



Each semester, we at the Bonsall Education Foundation work with our wonderful community partners to bring your children a host of fun and educational enrichment opportunities through our after-school programs. Take a look inside and see what we've got. There's something for everyone!

(See Back page for class dates, time, tuition and location)

**ART/CERAMICS:** (760) 522-2992 \* [celweb@aol.com](mailto:celweb@aol.com) \* [allfiredupmobileceramics.com](http://allfiredupmobileceramics.com)

During this class, students will learn various methods of hand-building and sculpting with clay, applications of glaze and the purpose of the kiln. Methods of decoration on projects include stamping, texturing and clay embossing. Students will take home finished projects at the end of the session. (grades 1 – 5)

**CHESS:** (619) 585-1050 \* [chesscamp.net](http://chesscamp.net)

International Master Larry Evans and staff teach chess in 33 schools throughout San Diego County. Beginning to advanced students are welcome. Chess is a great workout for students to improve spatial reasoning, visual memory and attention span while learning good judgment, reasoning power and self-confidence. The program includes instruction, formal and casual play and a team event. Students receive prizes and trophies to reward participation. (grades 1 – 5)

**DANCE AND MUSICAL THEATER:** (760) 522-1442 \* [info@charlenesdance.com](mailto:info@charlenesdance.com) \* [charlenesdance.com](http://charlenesdance.com)

### ***HIP HOP/POP STAR DANCE***

Learn to move and dance like a pop star in this unique hip-hop/jazz dance fusion class! Fun warm-ups, combinations, and exercises will be explored to today's pop song faves! Dancers will also learn full hip hop dance routines which will be performed for families on the last day of the session! Learn rhythm, coordination, and musicality all while having fun and getting fit! Includes hip hop dance tee! (grades 1–5)

### ***STORYBOOK MUSICAL THEATER & DANCE***

CASTING ALL BOYS AND GIRLS! Join us for all the fun! Be introduced to the world of musical theater and dance and let your confidence shine through! Children will explore fun acting, drama, and improv games/exercises, learn lines, songs, choreography, and movement to classical and today's popular musicals! On the last day of the session perform for family and friends! (grades 1 – 5)

**ENGINEERING FOR KIDS:** (951) 676-2969 \* [www.engineeringforkids.com/temecula](http://www.engineeringforkids.com/temecula)

### ***ROBOTICS & ENGINEERING CLUB: RESCUE ROBOTS & CIVIL ENGINEERING***

During the LEGO® Rescue Robots portion of classes, students design and program robots to respond to simulated disaster situations such as moving rubble and retrieving targets. Students use LEGO® Robotics and computers to learn principles of robotics, computer programming, and teamwork. During the Civil Engineering portion of class, students use the Engineering Design Process to design, create, test, and refine a balsawood bridge designed to withstand the greatest force. They examine several different types of bridge designs and discover how the forces of tension, compression, bending, torsion, and shear are distributed throughout their structures. (grades 2 – 5)

### ***JR. MECHANICAL ENGINEERING***

During the Junior Mechanical Engineering classes, our youngest engineers are introduced to fundamental concepts of energy, materials, and movement. Through open and focused exploration, students explore and construct their own mini roller coasters, catapults, cars, egg-drop vehicle, and more! (grades 1 – 2)

**FITKIDS SPORTS PROGRAMS:** (760) 730-1115 \* [fitkidsamerica.org](http://fitkidsamerica.org) (grades K - 5)

***BASKETBALL:*** Got Game? Learn all the skills it takes to be a master on the court! Learn how to improve your shooting, passing, catching and rebounding skills! Instructors will teach you about player positioning, dribbling, ball handling and team concepts. Instruction includes offensive tactics such as shot selection and scoring while defensive tactics emphasize positioning and pressure from various areas of the court.

***CHEERLEADING:*** Show your spirit! Learn all the cheer basics during this fun class! Cheer dances, chants, kicks and jumps are just part of the things you'll learn on your way to becoming a top notch cheerleader! Each week you'll add counts on to a cheer dance. No uniform purchase necessary.

***FLAG FOOTBALL:*** Ready for some football! Learn football basics through drills, obstacle courses and strength training with an emphasis on team work. Increase agility, speed and self esteem. Intramural games will be played each class. No tackling, just fun! Super Bowl will be played on the last day of the session. Group will be split by age and ability. Designed for beginning to advanced levels.

***LACROSSE:*** Taught in a safe environment (no checking, pinky ball used). Lacrosse basics will be taught using drills, conditioning, training and fun! Learning the basics of ball handling, throwing and catching. Group will be split by age and ability. No equipment necessary. Be a part of this fast growing sport!

***SOCCER:*** During this one-hour class, kids will learn the following skills: kicking, dribbling, goalkeeping, passing and ball control. There will be drills where the instructor teaches the individual skills and then scrimmages where the kids put those skills to use.

***TENNIS:*** Fit Kids incorporates the USTA newly developed Quickstart program. It's an exciting new play format for learning tennis, designed to bring kids into the game by utilizing specialized equipment, shorter court dimensions and modified scoring. It's the fast, fun way to get kids into tennis!

***VOLLEYBALL:*** Intro to Volleyball! This class emphasizes the practicing of volleyball skills in order to improve each student's skills. Blocking, hitting, setting, spiking are taught as well as basic offensive and defensive strategies. Students will participate in scrimmages according to class size.

**MAD SCIENCE:** (858) 505-4880 \* [sandiego.madscience.org](http://sandiego.madscience.org)

### ***LIGHT, SIGHT & SOUND***

Join Mad Science and explore Light, Sight and Sound. Build your very own periscope and spy around corners. Make your own batch of oozing slime! See a chemical energy display that uses different substances to change the color of a flame. Investigate magnetic fields and build your own magnetic game. Experiment with states of matter and sound waves. Discover the rainbow of colors hidden inside of white light and take home your own motorized color wheel! (grades 1 – 5)

### ***MAD SCIENCE TIME MACHINE***

Join Mad Science for fun and exciting hands-on science exploration. Become a Science Spy and learn how to send secret messages using special codes. Wrestle with the strength of air and experiment with invisible forces that have incredible power. Explore the fascinating abilities of the human body and conduct experiments to discover how your heart and lungs work. Experiment with substances that create amazing reactions. You'll even take home your own Mad Science Super Ball! (grades 1 – 5)

VISIT [BONSALLSCHOOLS.ORG](http://BONSALLSCHOOLS.ORG) FOR REGISTRATION INFORMATION OR EMAIL US AT [enrichment@bonsallschools.org](mailto:enrichment@bonsallschools.org)

| <b>CLASS</b>                        | <b>DAY OF WEEK</b> | <b>TIME</b>   | <b>RM. #</b> | <b>FEE</b> | <b># WKS.</b> | <b>SESSION DATES</b> | <b>GRADES</b> |
|-------------------------------------|--------------------|---------------|--------------|------------|---------------|----------------------|---------------|
| Hip Hop/Dance - Session I           | Mondays            | 2:35p - 3:35p | 306          | \$90       | 8             | 1/30 - 3/27          | 1 - 5         |
| Hip Hop/Dance - Session II          | Mondays            | 2:35p - 3:35p | 306          | \$57       | 5             | 4/3 - 5/8            | 1 - 5         |
| Mad Science, Time Machine           | Mondays            | 2:35p - 3:35p | 203          | \$93       | 6             | 1/23 - 3/6           | 1 - 5         |
| Mad Science, Light, Sight, Sound    | Mondays            | 2:35p - 3:35p | 203          | \$93       | 6             | 3/20 - 5/1           | 1 - 5         |
| Robotics & Engineering              | Mondays            | 2:35p - 4:30p | 604          | \$130      | 6             | 3/20 - 5/1           | 2 - 5         |
| Art/Ceramics - Session I            | Mondays            | 2:35p - 3:35p | 309          | \$105      | 6             | 1/23 - 3/6           | 1 - 5         |
| Art/Ceramics - Session II           | Tuesdays           | 2:35p - 3:35p | 309          | \$105      | 6             | 3/28 - 5/9           | 1 - 5         |
| Fit Kids Volleyball - Session I     | Tuesdays           | 2:35p - 3:35p | Field        | \$89       | 8             | 1/10 - 2/28          | 1 - 5         |
| Fit Kids Volleyball - Session II    | Tuesdays           | 2:35p - 3:35p | Field        | \$89       | 8             | 3/7 - 5/2            | 1 - 5         |
| Fit Kids Lacrosse - Session I       | Tuesdays           | 2:35p - 3:35p | Field        | \$89       | 8             | 1/10 - 2/28          | K - 5         |
| Fit Kids Lacrosse - Session II      | Tuesdays           | 2:35p - 3:35p | Field        | \$89       | 8             | 3/7 - 5/2            | K - 5         |
| Storybook Musical Theater Ses. I    | Wednesdays         | 2:35p - 3:35p | 306          | \$90       | 8             | 2/1 - 3/22           | 1 - 5         |
| Storybook Musical Theater Ses. II   | Wednesdays         | 2:35p - 3:35p | 306          | \$57       | 5             | 3/29 - 5/3           | 1 - 5         |
| Chess                               | Wednesdays         | 2:35p - 3:35p | 703          | \$104      | 8             | 3/8 - 5/2            | 1 - 5         |
| Fit Kids Basketball - Session I     | Wednesdays         | 2:35p - 3:35p | Field        | \$89       | 8             | 1/11 - 3/1           | K - 5         |
| Fit Kids Basketball - Session II    | Wednesdays         | 2:35p - 3:35p | Field        | \$89       | 8             | 3/8 - 5/3            | K - 5         |
| Fit Kids Flag Football - Session I  | Thursdays          | 1:35p - 2:35p | Field        | \$79       | 7             | 1/12 - 3/2           | K - 5         |
| Fit Kids Flag Football - Session II | Thursdays          | 1:35p - 2:35p | Field        | \$89       | 8             | 3/9 - 5/4            | K - 5         |
| Fit Kids Bears Cheer - Session I    | Thursdays          | 1:35p - 2:35p | Field        | \$79       | 7             | 1/12 - 3/2           | K - 5         |
| Fit Kids Bears Cheer - Session II   | Thursdays          | 1:35p - 2:35p | Field        | \$89       | 8             | 3/9 - 5/4            | K - 5         |
| Fit Kids Soccer - Session I         | Fridays            | 2:35p - 3:35p | Field        | \$79       | 7             | 1/13 - 3/3           | K - 5         |
| Fit Kids Soccer - Session II        | Fridays            | 2:35p - 3:35p | Field        | \$79       | 7             | 3/10 - 5/5           | K - 5         |
| Fit Kids Tennis - Session I         | Fridays            | 2:35p - 3:35p | Field        | \$95       | 7             | 1/13 - 3/3           | K - 5         |
| Fit Kids Tennis - Session II        | Fridays            | 2:35p - 3:35p | Field        | \$95       | 7             | 3/10 - 5/5           | K - 5         |
| Jr. Mechanical Engineering          | Fridays            | 2:35p - 4:30p | 509          | \$90       | 4             | 1/27 - 2/24          | 1 - 2         |